



## Psychological Views on the Attitude of the Family

Abdijalilova Sojida Saladin

Chirchik State Pedagogical University, Applied Psychology Course 1st Year Student

**Abstract:** This article focuses on psychological understanding of family members for peace and well-being in the family.

**Keywords:** family, upbringing, child, psychology, enternal, external, responsibility, problem, collections.

A family is a socio – psychological group that arises on the basis of a reliable and deep relationship between spouses, children, parents. The family is the oldest of the social group and is a structure that has survived through various reforms, hardships and complex times.

Family Psychology was not well regarded before. This science was not well supplied and recognized even on the methodical side, it was even seen as an unnecessary and insignificant science, with no future for this science. It was only in the late 1960s and early 1970s that terms such as family, marriage, marriage began to appear, and problems such as mental changes in the family, upbringing, attracted the attention of several scientists.

In Family Matters, a huge amount of research was carried out in foreign psychology. In the East, the family was highly valued, and a number of admonitions and instructions were given by the great thinkers in this regard. The concept of the family is very widely expressed in the works of Ibn Sina, Farabi, Abu Raykhan Beruni, as well as in the works of Alisher Nawai's “ Mahbub – ul qulb”, Kaykovus's “Kabusnoma”. Joseph Khos Hajib believed that family happiness was a guarantee of individual success. Families can be divided into large and small families. In many countries, families take the form of subgroups. Today, the field of psychology is also of great importance in family relationships. It is also worth mentioning that today the psychology of the family is much more developed, and the demand for this psychology is also increasing.

The role of psychologists in finding solutions in various problem situations in the family is incomparable. On” approval of the concept of strengthening the Family Institute in the Republic of Uzbekistan " 27. 06. Presidential resolution 3808 of 2018 was approved. Educational tasks are of great importance in the family. Parents can of course impose a number of requirements on their children based on educational issues, ethical issues. But problems arise between parents who welcome repressive, violent ways, and their children.

As a result of this, children also experience parental resistance, fear, backlash, and sometimes quarreling between father and son, and this has become one of the serious problems these days. During the transition period, of course, a number of changes are observed in children, especially girls. For example: situations such as jizzakilik, affectivity, contact with representatives of the opposite sex are observed. In these situations, parents should be guided correctly by giving the right advice for their children. If mothers put obstacles in front of them without understanding the girls of course situations arise such as a girl and a mother not agreeing with each other, not liking their sentences with each other. In order for such a situation not to arise, not only children, but also parents should definitely use and follow psychological advice. Problems in the family are observed not only between the parent and children, but also between the mother – in – law – bride

or ovsins, brothers, sisters. Such situations should not arise and to prevent them, each of the family members should feel a special responsibility. As the environment in the family is, children adapt accordingly. For example, every day in the family there is a war – quarrel, and the bora – bora child gets used to it. In the future, it will become commonplace for this thing to be repeated even in his family. The father should not show differences, disputes and disputes before the children so that such deviations do not occur. Problems often arise between people who do not have enough understanding of the family, even from what is not worth. Control locus theory American scientist D. J. Created by Rotter. According to this theory, two types of responsibility are observed in each person.

1) External control locus

2) external control locus Externals consider themselves responsible for events and phenomena in family life.

Externals see themselves as the cause of life's problems and are able to solve the problems themselves. They are able to achieve their future dreams and goals with their own strength. Externals, on the other hand, show external factors and other people to events and phenomena that occur in their lives. Pessimism for such people is hos. They see events in life, achievements, fate to their subjects, luck or others as sabachi.

This means that parents in the family should be prepared to provide psychological advice, assistance and guidance to psychologists when choosing the right profession for children to be responsible for external. When children do not see affection from the family, they begin to look for people who understand themselves, show affection from other places, from the street. Therefore, the upbringing of children is the 1st highest in the family. Excessive pampering of children, muhayyo of all desires, the fulfillment of dreams, while making them lazy, leads to neurosis. Neurosis is also caused by family discrimination, excessive severity, intimidation of the child.

Raising a child in a family is considered much more complicated. Conclusion: in order for the family to have a calm and harmonious environment, parents should give their children the right, moral education—first of all, a person should be psychologically prepared for the fact that adolescents choose the right profession and make a worthy contribution to the development of their country as a mature specialist. That is why the psychology of the family is becoming significantly more important today. Only when proper explanatory work is carried out between all members of the family does humans achieve family happiness. When a person feels family happiness, he is hot and cheerful. Approaches his work with attention and diligence and achieves various successes in life.

Currently, Research is being carried out among young people under a number of laws on preparing for life the acquisition of concepts of family, marriage. Family Studies today also generate great needs in personality psychology and Social Psychology. Family, to the matters of marriage, the Shvetsarian scientist I. Bachoven's "right to motherhood", L. Morgan's" ancient society " is widely covered, and by reading this work we gain insight into the family. In the family, psychology is necessary for the correction of the relationship of father and son, bride and mother – in-law, couple. The stronger the family, the stronger and more stable the society will be.

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