



Creation of Innovative Models of Formation and Development of Medical Culture of Rural Population

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Abstract: The article analyzes the issues of creating innovative models of the formation and development of the medical culture of the rural population in the conditions of the modernizing Uzbekistan. Also, attention is paid to the territorial-geographical location of the villages, the condition of the cultivated fields, the number of inhabitants, and the existing environmental conditions.

Keywords: New Uzbekistan, rural areas, medical culture, "intelligent and digital innovative medicine", ecological situation, medical prevention, human health.



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INTRODUCTION

In the era of globalization, the development of all-round medical culture of the rural population will depend on the reforms and changes taking place in all spheres of society's life. Among them, the ontological and axiological, epistemological, artistic and cultural understanding of sexuality, which is a part of the medical life of society, is becoming the most urgent issue for today.

The issue of developing the medical culture of rural residents cannot be reached at the level of observing simple daily hygiene requirements, i.e. washing hands, brushing teeth, changing clothes. Perhaps it is the only right way to study it from a socio-philosophical point of view as an objective factor, that is, as one of the methodologically indispensable attributes of the organization of the production process in agriculture [1].

Materials and methods



For this, it is necessary to promote a "healthy lifestyle" among the rural population, especially among the growing youth, to quickly fight against harmful habits, and to form a comprehensive medical culture of the population. Also, it is necessary to carry out mass events in rural areas on the integration of sports and physical education, health promotion and mass sports activities with preventive medicine.

The legal basis of this methodology is the Decree of the President of the Republic of Uzbekistan "On the approval of the agricultural development strategy of the Republic of Uzbekistan for 2020-2030" decree and "On comprehensive measures for radical improvement of the healthcare system of the Republic of Uzbekistan" on the concept of health care system development" establishes a system of spiritual and medical values related to the preservation of human health passed from ancestors to generations [2].

Results

Agriculture in Uzbekistan is one of the important sectors of the material production process in society, and it is characterized by the fact that it is mainly focused on the production of food products. In this case, agriculture is divided into two major branches and engages in the production of material goods.

The development of medical culture of subjects engaged in material production in agriculture can be philosophically researched in two trends.

The first trend. Various chemicals for the cultivation of agricultural products of subjects engaged in agricultural production, that is, planting, tilling, fertilizing, watering, grafting seedlings, harvesting crops substance use. It is also characterized by the degree of formation and development of individual and collective medical culture, which should be followed when performing tasks such as the use of technical and technological tools.

The second trend. This includes the formation and development of the medical culture of subjects engaged in material production in the field of agriculture, which is formed in the process of storage and consumption of products grown in agriculture.

Factors necessary for the production of agricultural products in the first trend:

It manifests itself in the form of medical culture as a complex and logical summation of human health care during the work of plowing, leveling the land, sorting seeds for planting, harvesting crops. and in the second trend, the formation and development of the medical culture, which is the product of the efforts to protect human health in the process of harvesting, storing and consuming crops by subjects working in this field, represents the directions of the factors that provide it.



The first issue in this is the main factor that ensures the all-round survival and development of the human body - the consumption of high-quality, safe food. Because such foods give strength to the body and ensure its active movement. It is no exaggeration to say that the foundation stone for the emergence of new aspects of the medical culture of the villagers will be laid in the same place[3].

Discussion

In the new conditions, the role of mineral substances in the formation and development of the medical culture of the rural population at the level of modern requirements is incomparable. As a result of the discovery of new properties of mineral substances by scientists, a new group of medicines called biomicroelements has been identified.

And as a result of their influence, the growth of certain organs in the human body, blood formation, breathing through tissues, development of cell activity, and the prevention of endomedical goiter disease, fluorosis, caries, etc. reveals the secret.

Conclusions

In conclusion, it can be said that "intelligent and digital innovative medicine" aimed at finding scientific and practical solutions for the formation and development of the medical culture of the rural population in the conditions of the modernizing Uzbekistan, "Biomedical methods of agricultural cultivation and harvesting" It is necessary to introduce innovative models such as "technological map".

This, in turn, increases the medical literacy of the rural population;

development and implementation of necessary anti-epidemic measures aimed at preventing the occurrence and spread of non-infectious and infectious, parasitic diseases;

increase the medical culture of the population;

formation of a healthy lifestyle, development of complex measures for medical prevention;

management of dangerous factors affecting human health and ensuring their implementation;

development and implementation of new forms and methods of systematic monitoring and analysis;

improving the infrastructure of medical services for residents of rural areas;

will lead to the introduction of a modern intellectual system of mutual integration and coordinated management of tasks such as field-field, house-to-house information on the health of the population, and the state of the medical situation.



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